

PARKDALE AUSKICK NEWS

Walter Galt Reserve, Corner of Davey and Victoria Streets, Parkdale.

Parkdale Auskick Co-ordinators:

David Harper (0401 990 308) & Mark Delahunty (0417 863 336)

Email: parkdale.auskick@tpg.com.au

Website: www.mbjfc.net/auskick



Coaches for 2011

Mark and I would like to welcome back the returning coaches, helpers and parents from last year, your help and experience make our job as coordinators, so much easier! We would like to give huge thanks to Rob Wright & Tim Stewart who have hung up their auskick coaching boots at Parkdale.

For the 2011 season **Mark Delahunty** will again coordinate a fantastic group of dedicated and experienced Level 1 coaches. The coaching team will deliver our tailored football program at each level to ensure all the kids get the most out of their year with Auskick. We welcome back **Brett Sargeant, Dale Bowles, Rebecca Hardeman** and **Cam Wright** who will look after the Prep & Kinder kids. **Andrew Simmons** will lead the coaching of Grade 1's along with **Chris Mutimer, Mark Delahunty, Matt Kenny** and **Angus Rowe**. Grade 2 footballers will be guided by **Peter McKinnon** along with **Jason Williamson** and **Bruce Allen**. **Stuart Macdermid** will be ably assisted by **Warren Daily** in providing specialised coaching to develop the footy skills of our older boy from Grade 3 and above. Our experience has shown us that the clinic works best when there is a group of **6 to 8 parents** in each group, who are happy to work together and assist the coaches on the day. No football experience is necessary just a love of watching the enjoyment on the faces of children as they learn new skills. I can definitely vouch for this as I have been a parent helper previously.

Depending upon the number of new children at Auskick this year we may need some more dedicated Auskick coaches! **If we require more coaches** this will be announced at the first clinic when we will know how many new children are enrolled. Those who get chosen to coach will be put through the Level 1 Coaching course at Parkdale Auskick's expense."

Dates to Remember

First Clinic Sat 9th April @ 9:00am
No Auskick Clinics on 16th & 23rd Apr
Mums vs Kids game Sat 7th May
½ Time Grid game Sat 14th May @2:30pm
Sausage Sizzle Sat 21st May @ 10:30am

SEE OVER FOR MORE NEWS

Welcome to 2011

Mark and I would like to welcome back all returning Auskickers as well as those joining us for the first time.

This season we have 14 clinic sessions scheduled with all our favourite activities included. In summary our season will include:-

- 14 clinics
- 4 half time grid games at surrounding senior football clubs
- Sausage sizzles
- 1 pie night (including a clinic under lights)
- 2 Parents vs Auskickers games day
- 1 Presentation day

The success of our clinic has been and will continue to be dependent upon the involvement of parents. I trust that as parents you will continue to support the clinic by assisting the coaches when requested. Please keep up the fantastic work and support as well as having fun with your kids along the way. **All Auskick Coordinators & Coaches are all volunteers.**

Parkdale Auskick has received awards in 2009 from the AFL for Female Coach and Coordinator in 2009 for the Southern region.

We are looking forward to the 2011 Auskick season. Cheers, Dave and Mark

Helpers required for 2011

Helpers are needed for a variety of roles. Many of these roles can be done jointly and won't take much of your time but will help the club run smoothly.

- Coaches and Co-ordinators
- BBQ Manager and helpers
- First Aid Officers

Thanks to [Adidas](http://www.adidas.com) for printing

Thank-you

Thank you to **Mordi-Brae Junior FC** for their on-going support of Parkdale Auskick. This includes sponsoring a pie night, coaches training and playing under lights for one night this year. MBJFC and Parkdale Auskick share the Walter Galt Ovals and facilities.

Thankyou to **Matt Cox** from [Buxton Real Estate](http://www.buxtonrealestate.com.au) in Mentone who donated \$1000, plus an additional \$500 for a successful listing and sale of property. If you are selling or buying in the area then give Matt a call. Parkdale and Mentone East branches of the [Bendigo Bank](http://www.bendigobank.com.au) for \$500. [Robert Petty Builders](http://www.robertpettybuilders.com.au) has kindly donated \$300 for the end of year medals. If you are looking for a new house or total renovation in the area then give Rob a call. Jason from [Travelscene](http://www.travelscene.com.au) Dingley who has donated \$250. For your travel needs then give Coach Jason a call. [Joey Bear Productions](http://www.joeybearproductions.com.au) for their continuous donations from the proceeds of Parkdale Auskick's End of Year DVD. All donations have allowed the upgrade and purchase of new Auskick equipment. THANKYOU!

John from Mastro Meats at the [Parkdale Plaza](http://www.parkdaleplaza.com.au) has been kind enough to supply the sausage sizzle this year which is FREE for participating Auskickers. Tammy from [Rustik Catering](http://www.rustikcatering.com.au) for sponsoring the monthly Parent Helper Award. Neeraj from [Southern Suburbs Physiotherapy Centre](http://www.southernsuburbsphysiotherapy.com.au) for sponsoring the first aid helper awards and will provide 20% off the price of the initial consultation for all Parkdale Auskick members. Greg from [McDonalds](http://www.mcdonalds.com.au) in Springvale for the weekly Kids encouragement award. Dave and Marnie from the [Bed Shed](http://www.bedshed.com.au) in Dandenong, Sharon from [PartiesRus](http://www.partiesrus.com.au) and Dale from [Adidas](http://www.adidas.com) for their vouchers and goods which will be raffled off during the year.

More information about these sponsors and their special promotions throughout the year will be updated on the website and via email. **Please support these local businesses as they SUPPORT us!** Please see David Harper if you would like to sponsor Parkdale Auskick.

Check your email and the website for updates

Watching your Children

We want to ensure that all children are watched by their parent / guardian at Auskick. If leaving the field whilst the Auskick clinic is in progress (eg. toilet break) the please ensure that you the parent/guardian accompanies them. If a parent has multiple kids involved in different age groups then please ensure you speak to another parent/friend of another child to keep an eye whilst you are away. It is important to note that the day can not proceed if parents/guardians of each child aren't in attendance.

First Aid Services

Parent Volunteers are required to supply First Aid Services in the event a child needs help. These Volunteers must have a Level 1 First Aid Certificate and a Working With Children Check. We need at least one First Aid Officer in each age group and in 2010 we were able to rotate this around so the same parent didn't have this duty every Saturday. If you are interested then please come and see David Harper or **Mark Kemp** (First Aid Coordinator)

Amenities

Parkdale Auskick has limited use of the facilities at Walter Galt Reserve as we are a separate entity to Mordi-Brae Junior FC. We have access to the change room and toilets but not to the main clubrooms. We therefore encourage parents to bring along a drink bottle for their children. Water from the taps in the toilets is available. To avoid confusion please ensure that the drink bottle is clearly labelled with your child's name. In 2011 we have arranged for Daniela from Cappuccino Express to attend all Auskick sessions so coaches and parents can get their Coffee and Hot Chocolate fixes for the cool mornings.

FAQ's

What is AFL Auskick?

AFL Auskick is the AFL game for primary school aged boys and girls (prep age and up). In 2009 Parkdale Auskick implemented separate sessions for those who are in kinder. If your child is turning 5 years of age during the 2011 footy season then they are eligible for Auskick. In 2010 the number of kids continued to grow with 256 registered. With assistance from parents, the Auskick program provides a fun and safe environment. Weekly clinics operate April through to August, which gives children the opportunity to develop skills and learn the basics of this great Aussie rules game of ours.

When does Parkdale commence its clinics?

Saturday 9^h April 2011.

Where are the clinics held?

Clinics are held at the Walter Galt Reserve, corner of Victoria and Davey streets Parkdale (Mordi-Brae Junior Football Club).

What time does it start and finish?

For a Saturday morning clinic we start at 9:00am sharp and finish at 10:30am. A good idea is to arrive at 8:45am and have a kick with mum and/or dad before we start. We have one Friday night clinic planned for July 1st at 4.45pm. A pie night follows the clinic finishing at around 7:30pm.

Can I drop my child off and pick them up later?

Absolutely Not! Auskick is not a child minding facility. Like all Auskick clinics we require parents to be on hand at all times. At Parkdale Auskick we operate a "Child Safety Guideline" and an integral part of this guideline requires parents to be on hand. If you want to know more about our Child Safety Guidelines please feel free to discuss this with the co-ordinators.

Where do we assemble at 9:00am?

We gather in front of the Mordi-Brae Club rooms for a pre clinic address, which the Co-ordinator will conduct and at which time the morning's activities are outlined and the carers are assigned and introduced. Normally children are placed into groups according to what school grade they are in. At Parkdale Auskick we will run multiple groups for Kinder, Prep, Grade 1, Grades 2/3 & Grade 4 & up. At the conclusion of this address the coaches, kids, carers and parents will move to their respective locations on the ovals.

What activities occur during a typical Auskick clinic?

Under the direction of your level 1 coach and with the assistance of parents the first activity may involve warm up movements such as running, jumping etc, what's the time Mr Wolf for the younger kids. This may take 10 minutes.

Next the footballs are introduced where the coach will demonstrate a basic skill such as handballing, kicking and marking. This is also an opportunity to explain some of the basic rules of the game (eg: - at Auskick we do not tackle nor do we kick the ball off the ground). With the assistance of parents, children are divided into smaller groups (about 20 to a group) and children are given the opportunity to practise these skills. This part of the session normally runs for 50mins.

The final part of the clinic involves a mini grid game. Jumpers (supplied by Auskick) and goal posts are introduced and the children are divided into teams of around 10 to 15 to a team and placed into positions on the field (backs, centres and forwards) and are continually rotated throughout the game. The emphasis is on having fun and everyone gets a kick!. There are no winners or losers as we do not keep score. Parents will be required to assist during these mini grid games by coaching, umpiring and encouraging all children. This activity runs for about 20mins. At the conclusion of the mini grid game we ask parents to help the coaches to pack up the equipment before they leave.

What clothing and footwear does my child need?

Comfortable runners are more than adequate, but footy boots can be worn if the grounds are slippery or wet. Dress according to the weather. T shirt and shorts if it is warm (remember to slip, slop, slap) and jumper, windcheater if it's cold.

What happens if it is raining?

Our weather policy takes into account the playing surface and immediate weather conditions. For instance if the playing surface is good and light drizzle is occurring the clinic is most likely to continue. However if persistent heavy rain is falling the clinic will be cancelled. Please don't call the coordinators or coaches as we only decide once we arrive at the ground. No cancellations in last 3 years!

Final Important Word

Thank you for supporting Parkdale Auskick by joining up this year. Our aim, as mentioned previously, is to have fun with our children by participating in a friendly, safe and comfortable environment. We guarantee your child's enjoyment and efforts are always higher with someone from their family watching and joining in. So please don't be shy. It doesn't matter if you're male or female, 18 or 80, footballer or non-footballer. Just as we say to all our Ausickers, "All that matters is that we have a go!!"

Dave Harper & Mark Delahunty
Parkdale Auskick Coordinators

Follow Parkdale Auskick on Twitter @
www.twitter.com/ParkdaleAuskick

